

A MOST EXCELLENT COMEBACK?

RUMOUR HAS IT KEANU REEVES AND ALEX WINTER WILL REPRISE THEIR ROLES AS BILL AND TED

PAGE 9



WINNIPEG

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Monday, August 13, 2012



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Sook-Yin Lee, left, who is playing Olivia Chow, talks with Chow on the set of *Smilin' Jack: The Jack Layton Story* on Sunday in Winnipeg. SHANE GIBSON/METRO

Layton biopic shoot is a labour of love for Chow

Smilin' Jack. As MP visits Winnipeg movie set, she admits some scenes may be tough for her to watch



SHANE GIBSON
shane.gibson@metronews.ca

She may have known Jack Layton better than anyone else in the world, and this weekend Olivia Chow was in Winnipeg to visit a movie being filmed to share his story with the rest of us.

"Some parts of it are painful and some parts are joyous," said Chow on set Sunday at the Manitoba Legislative Building, which is doubling as the House of Commons for *Smilin' Jack: The Jack Layton Story*. "It's the story of an ordinary person being able to ... make a bit of difference in the everyday life of people."

"I think it's a story that needs to be told."

Quoted

"Some parts of it are painful and some parts are joyous. It's the story of an ordinary person being able to ... make a bit of difference in the everyday life of people." MP Olivia Chow, who was in Winnipeg to watch the filming of a movie about her late husband, former federal NDP leader Jack Layton

Chow, 55, MP for Trinity-Spadina in Toronto, spent two days in the city meeting the cast — including Sook-Yin Lee, who is portraying her, and Rick Roberts, who's taking on the role of her late husband — as well as watching the filming process. Layton died last August at age 61, only months after leading the federal NDP to official Opposition status.

Chow said she worked closely with the writer, producers and director of the movie, set to air on the CBC next year, and even met with Lee and Roberts to help coach them on their roles. She also lent personal items of Layton's, including the cane he carried throughout last year's federal election campaign, to the movie "so it could be as authentic as possible,"

she explained, adding with a chuckle that Roberts' moustache is his own.

Some scenes will be easier for her to watch than others, said Chow, admitting that a hospital scene at the end of Layton's life, set to be filmed Monday, will be emotional. "I dread tomorrow," she said. "I don't know how I will handle that; it will be probably be pretty traumatic."

Despite the ups and downs of the process, Chow said she's very glad Layton's story is being immortalized on film. "It was difficult but I welcomed it," she said. "I want Jack's spirit of hope and optimism to continue."

Follow Shane Gibson on Twitter @tsigibson



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Victim satisfied

Drunk driver gets jail time for injuring model

A first-time drunk driver has been sentenced to four months in jail for slamming into a car on a Winnipeg street and injuring an international model.

Gordon Scully, 46, also faces a two-year driving ban once he is released.

Court heard he initially told police he wasn't drunk, but later admitted that he may have had as many as a dozen beers.

Alyssa Lambert suffered whiplash and severe shoulder and back pain.

Scully's lawyer, who had argued his client should be fined, has not said if he will appeal the sentence.

It's the second time this summer that a first-time drunk driver has been sent to jail in Manitoba. Jesse Friesen, 29, was sentenced to two weeks last month for driving home from his cottage while he had a blood-alcohol level more than four times the legal limit.

Jail for a first-time drunk driver is relatively rare, but the judge in Friesen's case said he wanted to send a message.

Lambert and her husband, Brad, were on the road in February 2010 when they were hit head-on by Scully. Lambert was bedridden for two weeks and says she still has pain every day that has affected her ability to work.

"I can't do that without being completely crippled and not being able to move for a week after," she said Friday after Scully was sentenced. She added she has a constant fear of driving.

"I'm happy he got jail time."

Lambert said she's satisfied first-time drunk drivers aren't being given a "slap on the wrist" anymore.

THE CANADIAN PRESS

Assault probe. Wanted man turns himself in

Winnipeg police have arrested a man wanted in a case of aggravated assault.

Dallas McKay, a 22-year-old man from Winnipeg, and another man who has been arrested are suspects in an assault that took place on Aug. 4, just after 3 a.m.

The man who was attacked remains in hospital in critical condition.

Police said McKay was arrested Sunday morning without incident after he turned himself in.

METRO



Dallas McKay, 22. CONTRIBUTED/WPS



Person stabbed in the face: Witnesses

Police closed the intersection of Mountain Avenue and Powers Street at about 11:30 p.m. Saturday after witnesses say someone was stabbed in the face. Police seemed to be concentrating on a home at 465 Mountain Ave., said local photographer Howard Wong. One witness said her son called 911 for the injured person, adding her son reported that the person was apparently jumped and stabbed in the eye. HOWARD WONG/FOR METRO

Search finally ends for woman who didn't exist

Cold case. After decades of looking for a female victim, police match remains to a missing Winnipeg man

For more than 20 years police believed it was a woman who had met an unfortunate end in a central Manitoba hay field.

The 1990 case file grew by the boxfuls as officers searched from coast-to-coast, trying to match a weather-worn skull and a few bones found near Faulkner to a missing woman.

"We just were not making headway in locating this woman," RCMP Sgt. Line Karpish said Friday.

In 2011, cold-case detectives took stock of what they had and re-evaluated their approach.

"Basically, we decided, let's get back to the body," Karpish said.

They exhumed the remains from the Ashern, Man., cemetery where they were buried and — using science not available to officers back in 1990 —

they learned something that left investigators gobsmacked.

"To everyone's shock and amazement, it turned out to be a male rather than a female," Karpish said.

Investigators had spent two decades searching for a woman who didn't exist.

With that piece of information and with DNA in hand, police had an identity confirmed within 10 months.

They now believe the bones belonged to 20-year-old Patrick Lawrence Rosner, who was reported missing in Winnipeg in 1989.

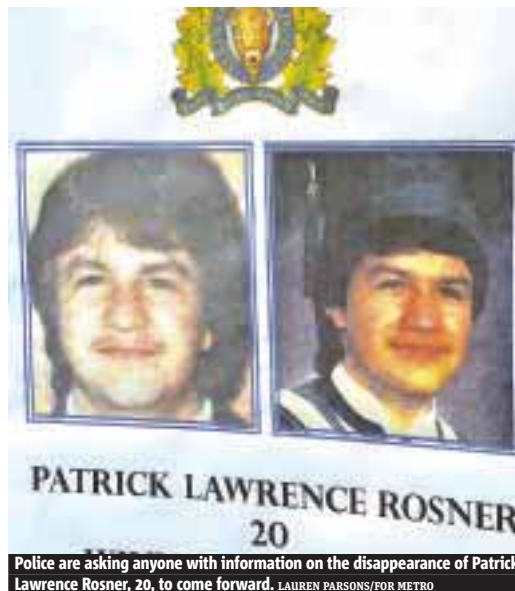
They're treating his death as suspicious.

"At this juncture, you can imagine, our investigators are going back to square one," Karpish said.

The last confirmed sighting of Rosner was when he left work on the afternoon of June 23, 1989.

He had a stable job at Bristol Aerospace in Winnipeg. He had parents who loved him and a girlfriend he was crazy about. He had dinner plans on the weekend.

"For him to completely dis-



Police are asking anyone with information on the disappearance of Patrick Lawrence Rosner, 20, to come forward. LAUREN PARSONS/FOR METRO

appear, his parents knew there was something wrong."

Karpish said it's suspicious that his remains ended up in Faulkner, 200 kilometres

northwest of Winnipeg. He had no family ties in the area and no apparent reason to go there.

THE CANADIAN PRESS

Mobile news



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Egypt. President retires top staff in brazen move to take power back from army

Egypt's Islamist president ordered the retirement of the defence minister and chief of staff on Sunday and made the boldest move so far to seize back powers that the military stripped from his office right before he took over.

Mohammed Morsi has been locked in a power struggle with the military since he took office on June 30. But after militants killed 16 Egyptian soldiers a week ago at a border post with Israel in Sinai, he has sought more aggressively to assert his authority over the top generals.

He fired the nation's intelligence chief a few days ago and made two highly publicized



Outgoing Egyptian armed forces chief of staff Sami Anan.

AMR NABIL/THE ASSOCIATED PRESS FILE

visits to Sinai in the company of top commanders. He also chaired several meetings with the military brass and made a point of calling himself the supreme commander of the armed forces in televised speeches. **THE ASSOCIATED PRESS**

Alberta

Murder charge in ex-Mountie's death

RCMP have charged a man with first-degree murder in connection with the death of a retired Mountie who was working as a peace officer in a south of Calgary.

Police say Trevor Kloschinsky, 46, makes his first court appearance Monday morning in Calgary to face the charge.

THE CANADIAN PRESS

Halifax

Tortoise celebrates 90th birthday

Gus the tortoise celebrated his 90th birthday Sunday with almost 1,000 people at the Museum of Nature in Halifax.

Museum staff believe Gus, who is barely bigger than a kitten, is the oldest gopher turtle in the world. They estimate he hatched sometime between 1920 and 1925.

THE CANADIAN PRESS

Public health. Is a gun like a virus or car? Experts say yes

Public-health experts are calling for a fresh look at gun violence as a social disease in the wake of recent mass shootings in the U.S.

What is needed, they say, is a public-health approach to the problem, like the highway safety measures, product changes and driving laws that slashed deaths from car crashes decades ago, even as the number of vehicles on the road rose.

One example: Guardrails are now curved to the ground instead of having sharp metal ends that stick out and pose a hazard in a crash.

It isn't enough to tackle gun violence by focusing solely on the people doing the shooting, the experts say. They want a science-based, pragmatic approach based on the reality of a society saturated with guns and the need for harm prevention. **THE ASSOCIATED PRESS**



A victim of Saturday's earthquake makes her way through the ruins of buildings in a village near the city of Varzaqan in northwestern Iran, Sunday.

MAHSA JAMALI/THE ASSOCIATED PRESS/MEHR NEWS AGENCY

Quake felt like 'end of the world': Victim

Iran. More than 250 dead, entire villages razed and 16,000 left homeless

Quoted

"The moment the earthquake hit, it was like a snake biting from underground. It was the worst experience of my life."

Morteza Javid, earthquake victim

Residents of the zone in northwestern Iran hit by powerful twin earthquakes described moments of terror and panic with birds crowing loudly in warning seconds before the ground shook. As the death toll rose Sunday to more than 250 with entire villages levelled, rescuers called off searches for survivors and turned their attention to caring for the 16,000 people left homeless.

At least 20 villages were totally destroyed in the quakes on Saturday that were followed by some 36 aftershocks, state television reported. Ahmad Reza Shajiei, a senior government official, said more than 5,000 tents have been set up to shelter the thousands of displaced who spent the night outdoors.

"The walls were shaking and moving from side to side.

It took about a minute before I could run out of the house," said survivor Morteza Javid. "Seconds before the earthquake, crows were making a lot of noise, but I didn't understand why. It was only after the quake that I learned the crows were warning us." Javid said he drove more than a dozen injured people to hospitals during the night.

Television showed images

of people being evacuated on stretchers, while others were treated for broken limbs and concussions. Dozens of families were sleeping on blankets laid out on the ground in parks. Some were crying, and others shivered from the cold.

Naimah Alapour said she ran out of her house without the mandatory Islamic headscarf when she felt the quake.

"I simply took my kid and ran down the steps. The elevator was out of service. I don't know how I walked nine floors down. It felt like this was the end of the world," she said.

Officials have announced two days of mourning in East Azerbaijan province.

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Online piracy. Google cracks down on repeat copyright offenders

Google is altering its search results to de-emphasize the websites of repeat copyright offenders and make it easier to find legitimate providers of music, movies and other content.

The move is a peace offering to Hollywood and the music recording labels. This year, Google joined other Silicon Valley heavyweights to help kill legislation that would have given government and content creators more power to shut down foreign websites that promote piracy.

The Motion Picture Association of America issued a luke-

warm response, saying it was "optimistic" the change would help steer consumers away from piracy.

"We will be watching this development closely — the devil is always in the details," MPAA senior executive president Michael O'Leary said in a statement.

This week, Google will start using "valid copyright removal notices" to rank its search results, according to a Friday blog post by Google's senior vice-president of engineering, Amit Singhal.

THE ASSOCIATED PRESS



Google announced Friday that it will start using "valid copyright removal notices" to rank its search results starting this week. JUSTIN SULLIVAN/GETTY IMAGES

Hacked

WikiLeaks hit by sustained denial-of-service attack

The secret-busting organization WikiLeaks says it's been the victim of a sustained denial-of-service attack that has left its website sluggish or inaccessible for more than a week.

In a statement released late Saturday the group said the assault intensified around the beginning of August and has since expanded to include attacks against affiliated sites.

WikiLeaks has said it's been flooded with 10 gigabits per second of bogus traffic from thousands of different Internet addresses.

Josh Corman, with online content-delivery company Akamai, characterized that as "a bit larger" than attacks commonly seen in the past few years.

WikiLeaks, which has angered officials in Washington with its spectacular releases of classified U.S. documents, remained inaccessible Sunday.

THE ASSOCIATED PRESS



FORT WHYTE BY-ELECTION

Tuesday, September 4

Fort Whyte voters: There's still time to get your name on the Voters List

Eligible Fort Whyte voters who have not received an enumeration record can still be added to the Voters List for the provincial by-election.

Contact the returning office

to have an election official visit you at home. Or visit the returning office to have your name added to the Voters List. Be sure to bring your photo ID or two other documents with your name.

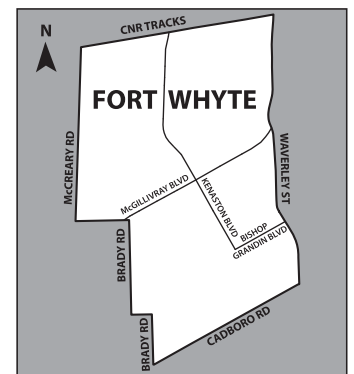
Voters who will be away: Apply for absentee voting

If you will be away election day and for advance voting, August 25 to September 1, you may qualify for absentee voting. To apply, contact the returning office.

Questions?

Fort Whyte Returning Office • 204 948-0512 • ROFortWhyte@elections.mb.ca

You must live within the Fort Whyte boundaries to be eligible to vote:



South of CNR tracks, west of Waverley St., north of Cadboro Rd, east of Brady Rd, City limits and McCreary Rd

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WHICH WAY TO THE BEACH?



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One of the great things about living in Winnipeg is our proximity to beach and cottage country. Victoria Beach, Grand Beach, Lake of the Woods, Clear Lake, Pinawa and Bird's Hill Park are

all within a relatively easy drive, and that's where half the city is gone on your average summer weekend.

But what about the other half? The ones that don't have enough time, money or driving privileges to head out of town? Where do they go to sink their toes in the sand and enjoy some relaxation?

Paris Mayor Bertrand Delanoë was faced with the same challenge back in 2002. His solution? Close off a few streets that run next to the Seine River, truck in a few tonnes of sand and a bunch of umbrellas, and create a temporary beach for all those stuck in the city.

He called it Paris Plage, and it was a massive hit with residents, tourists and public-space geeks. In fact, Paris Plage was so popular that a second beach was added a few years later, and the idea has since been knocked off all across Europe.

London added several as part of its preparations for hosting this year's Olympics.

Strike up the sand

"I have always found it odd that for a city that owes its entire existence to its location on two major rivers, there's never been a facility built to allow the public to kick back and soak in the rays while sitting waterside."

The idea has also spread to this side of the pond, where Clocktower Beach in Montreal and Sugar Beach in Toronto have both opened in the last year. A private operator also built a temporary beach and restaurant alongside Ottawa's Rideau Canal this summer.

So is it time for Winnipeg to have its own beach? I have always found it odd that for a city that owes its entire existence to its location on two major rivers, there's never been a facility built to allow the public to kick back

and soak in the rays while sitting waterside.

I can understand people's reluctance to actually swim in our rivers, especially the Red (though I've done it — intentionally and accidentally — and lived), but most of the new crop of temporary beaches don't encourage swimming anyway. Some do offer outdoor showers, spray features or large wading pools for those who want to cool off after sitting in the sun.

So where could Winnipeg's beach go? The Forks or Waterfront Drive seem like obvious answers, or maybe Assiniboine Park or Kildonan Park. But as the Paris experience shows, you can build one just about anywhere. A group of entrepreneurs in Washington, D.C., has even created a sand-filled beach bar on the site of a surface parking lot. Now if only we had an excess of surface lots ...

I'm sure the non-whimsical "back-to-basics" crowd will moan that we don't have enough money to fund frivolous extras like an urban beach (or public art, bike lanes, parks or anything else that improves livability), and we should stick to filling potholes instead.

But have you seen the size of some of those potholes? Fill them with water, spread a little sand around the edges and I think we might have a win-win here.



Sand and the city: Toronto's Sugar Beach. WATERFRONTTORONTO.CA

What a little Barry White can do



GARETH FULLER, PA/THE ASSOCIATED PRESS

Flamingo babe

Sexy crooner aids breeding birds

A two-week-old unsexed Chilean flamingo is encouraged from its nest by its mother Gabriella, centre, as its father Maurice stands guard at Drusillas Park in Alfriston, southeast England, on Friday.

Earlier in the year, Barry White songs were played to the birds to encourage breeding.

THE ASSOCIATED PRESS

The mating game

- Chilean flamingos live in large flocks in the wild and require crowded conditions to stimulate breeding.

- During breeding season, males and females display a variety of behaviours to attract mates, including head flagging — swivelling their heads from side-to-side in tandem — and wing salutes, where the wings are repeatedly opened and closed.

- Males and females co-operate in building a pillar-shaped

mud nest, and both incubate the egg laid by the female.



- Upon birth, the chicks have gray plumage; they don't gain adult coloration for two to three years.

- Both male and female flamingos can produce a nutritious milk-like substance in their crop gland to feed their young.

Source: Lincoln Park Zoo

With a leg to stand on

1

The Chilean flamingo often stands on one leg, tucking the other beneath its body to preserve body heat.

With tall, thin legs and a long, flexible neck, the Chilean flamingo can reach up to 40 inches in height.

What appears to be the bird's knee is actually its ankle — the joint bends backward rather than forward.

Manitoba artists, show us the things that make this province special

News Worth Sharing

Media will always have to report on the tough stuff. But we know that Canada is full of compassionate individuals, inspiring projects and stories worth celebrating. Here's just one.

Our communities are full of artistic, creative and talented minds.

Sometimes, these minds have an opportunity to express and showcase their unique work.

Local Art Scenes, an online community gallery, gives emerging and established artists the opportunity to list, sell and showcase their art, whether it's digital, mixed media, photograph, painting or sketch.

The only stipulation?

Each piece must artistically showcase the artist's province, city, town, village or neighbourhood.

Visitors to the Local Art Scenes website can browse creations by city and as it stands, not one piece of art depicting any city in Manitoba has been submitted.

So, whip out that pencil, canvas or camera, head out into your community and

start creating!

Show the world the beauty of Manitoba.

CRAIG AND MARC KIELBURGER

Email us for more information and to get involved. Help the good news get around. Send your stories of local heroes and positive action to goodnews@metowe.com and we'll share them right here.

All stunts, no doubles as these stars earn their stripes

Boot camp reality.

Celebrity recruits are put to the test in new TV series that has them competing in army-style events against seasoned pros

Starting this week, you can watch actors and actresses leap from buildings and battle armies of invaders, emerging victorious and unscathed. Viewers may chalk it all up to stunt men and women and digital special effects. Today's pampered celebrities wouldn't survive five minutes in a real combat zone, right?

Take that back, soldier. Eight celebrities set out to prove that they really do have what it takes to be real-life responders in the boot camp reality series *Stars Earn Stripes* (premiering Monday at 8 p.m. ET on NBC, 9 p.m. on Global).

The celebrity recruits were on hand to meet the press at the recent TV critics tour in Los Angeles, including boxer Laila Ali; former TV Superman Dean Cain; actor and former NFLer Terry Crews (now on *The Newsroom*); *The Sing Off* host Nick Lachey; Alaskan outdoorsman and political spouse Todd Palin; Biggest Loser trainer Dolvett Quince; former Winter Olympian Picabo Street; and WWE diva Eve Torres.

Posters for the series, showing the gun-toting celebs running next to the slogan, *They're Not in Hollywood Anymore*, give it a *Tropic Thunder* vibe.

Jack Osbourne was ap-



These celebrity recruits have set out to prove they have what it takes to be real-life responders. HANDOUT

parently hoping to earn his "Stripes" until news emerged that he was diagnosed with multiple sclerosis. Executive producer David Hurwitz admits Osbourne was in talks to join the series but "prior to us making our decision, it was

found out that the rigours of the show were too intense for him." Mom Sharon disagrees and has announced that she is leaving NBC's *America's Got Talent* as a result.

A few of the celebrities who made the cut almost wished

they hadn't. The series was shot over a few weeks at the beginning of this summer. The eight celebs had to compete in actual army-style events against eight real life Special Operatives, including former Navy SEALs, army special forces

What about Sarah?

Todd Palin, Sarah Palin's husband, is used to hanging out in the shadows when it comes to the spotlight. But for *Stars Earn Stripes*, Sarah says she's happy to hand over centre stage to Todd. Todd is a "world champion snow machine racer, he's got all the physicality that's required, a lot of mental toughness too," said the former Alaska governor. "I'd have to do a whole lot of push ups," she said, adding "politics are pretty brutal, too."

Green Berets, SWAT commanders and a current member of the Orange County sheriff's department. "I thought this was going to be the same old corny military show where they've got the obstacle courses and BB guns," says former Navy SEAL Grady Powell.

"That was the farthest thing from *Stars Earn Stripes*. We're jumping out of helicopters. There are people crying. Might see me cry."

"There was a moment," adds Lachey, "when going through my mind is, 'What in the world have I gotten myself into here?'"

"I can say I almost drowned, and that is for real," says Crews. He felt one of the Ops grab him from the back of his pack and haul him out of a river as he was going down for the third time.

"If this had been a real, live operation, I would have died. That is the truth."

THE CANADIAN PRESS

Another excellent adventure in the works?

Third Bill & Ted film.

Reports say Keanu Reeves and Alex Winter will reprise their roles as a pair of dim metal heads

CASSANDRA
GARRISON

Metro World News in New York

In most excellent news, fans of *Bill & Ted* could be in for a highly-anticipated treat: a third film starring its original cast of Keanu Reeves and Alex Winter. Looks like the rumours are true, dudes!

Vulture reports there

are plans in the works for a second sequel, which would follow *Bill and Ted* into their current lives since their last adventures together in *Bill & Ted's Bogus Journey* back in 1991. Think *Hot Tub Time-Machine*, only more bodacious.

MGM Pictures owns the rights to *Bill & Ted*, but another studio could come on board as a co-financier.

It would be the first time Keanu Reeves and Alex Winter have appeared together on screen since 1991.

What have these two dudes been up to since then? Reeves enjoyed plenty of success after his stint as Ted, going on to star in mega blockbusters like *Speed*, *The Matrix* and



Will Bill and Ted return to remind us to be excellent to each other? HANDOUT

Something's Gotta Give.

He's already slated for more work well into 2013 as 47 Ronin and *Man of Tai Chi* are set to be released.

Winter, on the other hand, has not enjoyed as much success after playing Bill.

In fact, he hasn't worked

in TV or film since 2009, according to IMDB, so it's no surprise that he's willing and ready for a *Bill & Ted* comeback.

Winter starred in the movie *Freaked* in 1993, but after that things started to slow down for him.

Some voice work in a series called *Saul of the Mole Men* and a few TV movies later, and Winter dropped off the map.

However, he's been on board for the *Bill & Ted* follow up for quite some time.

He first commented on the rumours back in March, telling MTV, "I think the reality is there probably will be another one."

Bill & Ted fans everywhere are hoping it's true.

2 SCENE

On the web



American Idol winner
Phillip Phillips received
Olympic exposure with
debut single Home



Angelina Jolie and Brad Pitt. ALL PHOTOS GETTY IMAGES

Pitt and Jolie spark much ado about nothing

Rumors raged this week-end that a party Brad Pitt and Angelina Jolie were throwing for Pitt's parents' anniversary at their French estate was actually a cover for the famous couple's wedding, with the Sun even confirming a guest list of about 20 people — including Jolie's jeweler.

But not only was there no wedding, there apparently wasn't even a party

for the elder Pitts, according to photo agency X17.

"We sent an X17 photographer all the way down to the south of France — it's pretty much in the middle of nowhere — to check out Brad Pitt and Angelina Jolie's chateau Miraval to see just what's going on," the agency gripes on its site about the move.

"There's nothing going on."

METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

The Word

Perrypairing up with Mayer

THE WORD
Amber Ray
scene@metronews.ca



It looks like Katy Perry's got a type... tall, dark and grungy. After splitting with hubby Russell Brand last year, the Wide Awake singer now seems to be getting cosy with another member of the shower-averse club: John Mayer.

The two, who shared a dinner date earlier this month and have been spotted around Hollywood since, were recently snapped leaving a house party in Los Feliz, Calif., over the week-end, TMZ reports.

So is the Hollywood playboy who's been linked to a slew of A-list ladies, including Jennifer Aniston, Jessica

Simpson and Taylor Swift, Perry's new knight in shining armor?

"She's not talking like he's 'the one,'" a pal of Perry's tells People magazine. "She's comfortable around guys who understand the craziness of that world, which he definitely does."

If Perry has indeed found a man who understands her kind of world a technicolour dreamland with purple wigs and whipped-cream-spewing bras we can't help but wonder what John Mayer really has been putting in his pipe all these years.



Lindsay Lohan

Lohan looking loco once again

Lindsay Lohan's bad behaviour at a recent birthday bash for pal Francesca Eastwood have friends scratching their heads — and worried the old Lohan is back, according to Us Weekly.

"Francesca was celebrating with around a dozen friends in a private area when Lindsay came over and started screaming that Francesca should leave," a source says.

"She was yelling, 'I'm a star, she's a nobody, get her out of here!'"

Security asked Lohan and her entourage to leave. But the birthday girl wasn't fazed by the display and was even nice about it.

"I'm not sure what exactly sparked Lindsay's outburst," Eastwood tells E! News. "Regardless, I still had an amazing night, and Parent Trap is still my favourite movie."

Friends of Faris promoting her parent skills

Anna Faris and Chris Pratt are looking forward to the arrival of their first child this fall, a friend tells Us Weekly.

"They planned for this baby, and now seemed as good of a time as ever," the source says. "They really will be the best parents."

And if Faris' pregnancy is

any indication, motherhood will be a piece of cake.

"Maybe it's just her energy, but she hasn't been having trouble with the pregnancy at all," the pal says.

Anna Faris last starred in the popular Sacha Baron Cohen film, The Dictator, where she played Zoey.



Anna Faris.

Homestyle Breakfasts

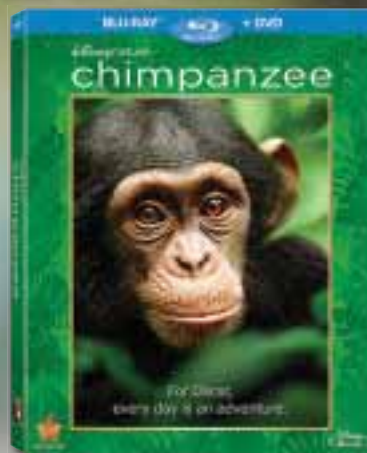
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Available on the App Store

Arts and Crafts

Tie-dye without all the mess!

The kids will love these T-shirts you can make together. All you need is: Sharpie permanent markers, isopropyl rubbing alcohol, a medicine dropper and a cotton T-shirt.

1. Slide T-shirts onto card-

board so the ink won't bleed through to the back.
2. Draw your design. Go crazy!
3. Using the medicine dropper, squeeze out 10 drops of rubbing alcohol in the centre of your picture. Depending on the size of the image, you'll need about 10 drops and you can adjust as you go.
4. Let dry (we used a hair dryer to dry them more quickly).
5. Wear your amazing art.

SHARON DEVELLIS



Numbers before bed

Math Lessons

New Jersey mom Laura Overdeck has devised a blog called Bedtime Math (bedtimemathproblem.org), which challenges kids to tackle a math problem before bed. The site offers a no-pressure approach to sharpening up numeracy skills. YUMMYMUMMYCLUB.CA

On the Web

Grandma is agast that Mommy put you in a skull-and-crossbones onesie. It's not a gateway to gang membership — it was from Baby Gap! Follow along with the comedic (mis)adventures of mommyhood online at metronews.ca/voices



What makes a mommy?

Parenting. One foster mom shares her thoughts on the coveted 'mom' title

KAREN ELLIOTT
YummyMummyClub.ca

"So, you're not her REAL mother." I had to breathe deeply as I turned and walked away, with two-year-old Allie in tow.

I did not give birth to Allie. I'm her foster mother. I am the one who feeds her and clothes her; the one who gets up with her at night when she can't sleep; the one who cleans up spilled milk and crayon wall art — every single day.

And, yet, despite this, I'm not allowed to cut her hair, take her on vacation, sign school permission forms without signed letters of approval. I'm not her legal guardian — or even considered her parent.

So, who am I?
Every 90 days, I meet with Children's Aid and Allie's biological mother to discuss the type of care that I am providing.

I have to listen to this woman — who has never been a parent since Allie went straight to foster care at birth — and her wishes about how her child needs to be fed, clothed and parented.



Should children call their foster parents 'mom' and 'dad'? ISTOCK

How I need to take her to a specific doctor, in another neighbourhood, an hour away, for checkups. How I need to go to a specific church on Sundays. How I have to dress her in pink more, so people don't think she's a boy.

And how I have to encourage her to call me something other than "Mommy."

Allie's biological mother has never been with her daughter for more than two hours at

a time — and only in an office where she is closely supervised.

"Mom" has never taken Allie to the park, given her a bath or put her to bed.

I'm the one teaching manners, surviving potty training and enforcing timeouts for bad behaviour.

Maybe one day, Allie will be able to return to her biological mother, but until that happens, I am the one who is parenting this little girl.

And until that time, "Mommy" is the only title I can see that fits.

And why wouldn't it? My own children call me mommy daily, why would I expect my foster children to call me something different?

No one in our house is treated differently. Everyone gets the same love and attention, eats the same food, and shares the same toys.

Last week, I drove Allie to

the Children's Aid office for her regular visit and a social worker walked Allie to the front door where her biological mom was waiting. I heard the worker say, "Look! It's mommy!" and then I saw Allie turn around, point to me and announce firmly, "DAT'S my mommy." I had to smile.

Raising a child is what makes you a parent. It has nothing to do with the uterus you came from.

Books that will have them laughing out loud

RUTH SPIVAK
YummyMummyClub.ca

"Well, there ain't no cure for the summertime blues," goes the song. I beg to differ! Now may be the perfect time to cheer up with a funny book. I love to cuddle up and share some laughs with the kids.

Ages 3 and up

Don't Let the Pigeon Drive the Bus by Mo Willems. Parents and kids can't help but dialogue with the pigeon when he begs to drive the bus. If you can't always say no to your child, say no to the pigeon!



Ages 6 and up

You're A Bad Man, Mr. Gum! by Andy Stanton. Mr. Gum is a stinky, gross man who is mean to children. Luckily for the town of Lamonica Bibber, an angel whacks him on the head with a flying pan every



time he neglects his garden. A cast of odd characters and questionable heroes round out this zany book. Check out the other books in this series.

Ages 9 and up

Series of Unfortunate Events



by Lemony Snicket. This is great for kids who like their humour dark! "If you are interested in stories with happy endings, you would be better off reading some other book," cautions Snicket. Indeed, very bad things happen to



the Baudelaire children, but Snicket's tongue-in-cheek mock-gothic style make for some hilarious moments.

Ages 12 and up

The Princess Bride by William Goldman. This witty satire on a fantasy novel ironically owes its appeal to splendidly rendered elements of the fantasy genre: sword fights, a princess in distress, a handsome prince, and a stupid/evil villain. Teens will appreciate the author's jabs at fairytale love and the not-so-happily-ever-after reality of romantic love. I highly recommend the movie as a perfect pairing.

3 FREE

On the Web



Grandma is driving Mommy crazy. Scan this code or visit metronews.ca/voices to find out why.

Wow guests with restaurant-style Rock Lobster Tacos

Bring professional chef-style creativity and taste to your kitchen with this chic take on fish tacos. They're the perfect small bite for your next summer soiree.

For an extra kick, add diced jalapeno peppers.

1. Cut lobster tails in half lengthwise (remove vein) and

Ingredients

- 4 rock lobster tails, cooked
- 500 ml (2 cups) cubed watermelon (cut into 1-cm/1/2-inch pieces)
- 2 avocados, peeled and cut into 1-cm (1/2-inch) thick pieces
- 2 papayas, cut into 1-cm (1/2-inch) cubes
- 125 ml (1/2 cup) fresh coarsely chopped cilantro
- 125 ml (1/2 cup) fresh lime juice
- 15 ml (1 tbsp) honey
- 15 ml (1 tbsp) jerk seasoning
- Salt and pepper, to taste
- 8 to 10 taco shells
- 1 head iceberg lettuce
- 30 g (1 oz) shredded coconut



This recipe makes eight to 10 servings. THE CANADIAN PRESS H/O

cut into 1-cm (1/2-inch) thick pieces.

2. Combine lobster with watermelon, avocados, papayas and cilantro.

3. Pour lime juice into a small bowl and slowly whisk in honey and jerk seasoning. Pour over lobster mixture and refrigerate for 1 hour, stirring occasionally.

4. Divide lobster mixture among 8 to 10 taco shells and garnish with lettuce and coconut. **THE CANADIAN PRESS/NATIONAL WATERMELON PROMOTION BOARD, WATERMELON.ORG**

Healthy eating

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Tim Hortons' chilled drinks are a Canadian staple during the summer. However, what they're made with makes all the difference.

Medium mocha Iced Capp made with cream (14 oz)

410 calories / 16 g fat

Liquid calories are one of the culprits in excess weight and type 2 diabetes.



Equivalent

This iced drink is equivalent to almost an 8 oz. New York Strip in calories.



Medium Iced Capp made with chocolate milk (14 oz)

230 calories / 1 g fat

The chocolate milk eliminates the calories from the cream.



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Designer Diane Kroe feels richer after she redefined 'successful'

New plan. Giving up just one part of her fashion business allowed her more time for family, other important parts of life



THE IN-CREDIBILITY FACTOR
Teresa Krueze
life@metronews.ca

Diane Kroe was a reluctant ballerina. At the age of 7 she was accepted into a prestigious ballet school but she found herself more excited about the costumes than dancing. Kroe followed her heart and after a remarkable rise through the fashion world, she became an in-demand clothing designer with her own retail store. She seemed to have it all but when a close friend was diagnosed with brain cancer, Kroe took stock of her own life.

"I sat there and thought, 'I'm so busy I can't even take my kids to Disneyland.'"

Diane did some soul searching and then came up with a new plan. She gave up her store and began hosting fashion



Diane Kroe
DIANEKROE.COM

trunk shows across Canada. She will expand internationally soon with online shopping.

Becoming automated and hiring the right people are the keys to her new success.

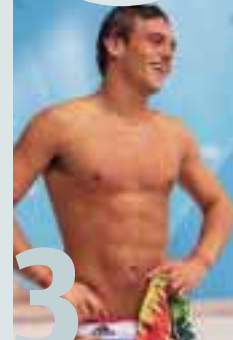
"I think a lot of entrepreneurs are stuck being in control of everything. Find the right people, train them and then let go. I can't believe I wasn't doing this ten years ago."

Designing success

1. Define what success means to you and use it as the foundation for your business.
2. Always focus your energy on the product/service you offer that brings you the largest profit margin and let everything else come to you.
3. Automate your business as much as possible and give yourself the freedom to enjoy your success.

4. Finance as much as you can on your credit card, pay it off on time while building your credit and make sure to collect all the travel miles to cover your travel expenses. (This trick saves me thousands of dollars every year on interest and travel.)
5. Never stop learning and growing ... you and your business must change and evolve with the world around you.

Weekend in pictures



1 4x100 relay. Heartbreak on the track for Canada

The Canadian team finished in third place, but was disqualified from the final of the men's 4x100-metre relay Saturday after third-leg runner Jared Connaughton of New Haven, P.E.I., stepped on the line.

THE CANADIAN PRESS

2 Soccer. Mexico takes gold in shocker

Mexico pulled off a stunning upset in the men's soccer final, pulling off a 2-1 victory over the heavily favoured Brazilians.

THE ASSOCIATED PRESS

3 Diving. Daley steals show with bronze win

American David Boudia took gold in the men's 10-metre platform Saturday, winning by 1.8 points over Qiu Bo of China. Crowd favourite Tom Daley, pictured, of Britain settled for third but he felt like a winner, claiming bronze on home soil.

THE ASSOCIATED PRESS



Rosie MacLennan, right, who won a gold medal for Canada in trampolining, and trampolinist Karen Cockburn sit above the crowd as they celebrate with the Canadian Olympic team at the closing ceremony of the 2012 Summer Olympics in London on Sunday. SEAN KILPATRICK/THE CANADIAN PRESS

Canadian Olympians give Games thumbs up

London 2012. Glowing reviews for organizers thanks to few issues and fair weather

Quoted

"We're happy we were here and we're proud to represent our country. And I couldn't be more proud to be Canadian, that's for sure." Kayaker Ryan Cochrane

The reviews are in and they're overwhelmingly positive.

Boosted by co-operative weather and few logistical, food and travel issues, several prominent Canadian athletes gave a big thumbs up to the London Games as the Olympics came to a close Sunday.

"It's been perfect," said Canadian soccer star Christine Sinclair. "No issues, the people are so friendly, everything has been so organized. It's been tremendous."

Sinclair was named Canadian flag-bearer after guiding the national women's

team to a bronze medal. She also competed for Canada at the 2008 Games in Beijing.

The intense humidity, heat and smog that were a constant in China four years ago were not a problem in England. There were some showers from time to time but the fears that this would be one of the soggiest Games in history were not realized.

Athletes raved about the location of the Olympic Village, which was close to a large shopping mall, Olympic Park and several of the venues. Language, cultural differences and unfamiliar food were much less chal-

lenging compared to some of the hurdles in Beijing and at the Athens Games in 2004.

Kayaker Adam van Koeverden, who took the silver in the K-1 1,000 metres, has won medals at the last three Olympics. He said the 2012 Games were "fantastic."

"My eyes were wide open the whole time," he said. "I was just taking it all in. I'm very cognizant of the fact there are fewer great races ahead of me than there are behind me. I'm just looking forward to every single one. I want to soak them all in."

"I've got awesome memories."

His teammate, Ryan Cochrane, competed with Hugues Fournel in the K-2 200 and K-2 1,000 metres. Cochrane wasn't sure what to expect at the start of his first Games.

"It's just another race when you're here but everything else is kind of overwhelming — in a good way, most definitely," he said.

Many athletes raved of the team culture that existed in the Olympic Village and at Canada Olympic House, which was home to medal celebrations throughout the Games.

"As an experience on its own, it has been wonderful," said triathlete Simon Whitfield, who competed in his fourth Games. "London has done an incredible job. I had a huge disappointment in my race but every other moment has been amazing in London." THE CANADIAN PRESS



Marathon swimmer Richard Weinberger with his bronze medal on Friday. THE CANADIAN PRESS

Canada matches 2008 medals

Memorable moments, yes, but Canada's overall performance at the London Olympics was unexceptional.

The same number of medals won as 2008 with fewer gold and silver, while falling just outside the goal of a top-12 finish in the overall medal count was a lukewarm outcome.

That doesn't diminish the

feats of Canada's medallists in London. On the biggest stage in sports, they rank among the world's best.

Eighteen medals put Canada 13th in the overall medal count, two behind Hungary and the Netherlands, who were tied for 11th. Canada finished with one gold, five silver and a dozen bronze.

The country won three

gold, nine silver and six bronze at the 2008 Games to finish tied for 14th in Beijing.

The lone gold medal in 2012 is the fewest for Canada at a Summer Olympics since 1976, when the host country won zero in Montreal. Canada was the only country in the top 25 with fewer than two gold medals.

THE CANADIAN PRESS

4 SPORTS

Mobile sports



Forget the medal standings. Britain is the big winner at these Olympics with huge crowds lining glorious backdrops and athletes draped in the Union Jack. Canada's storyline is somewhat more complicated, however. Somewhere between Switzerland and Colombia, depending on how you rate success. Scan the code for the story.

Canadian hits and misses

Canada didn't make gains on its performance in Beijing four years ago and backslid in terms of gold medals won. The team won the same number of medals — 18 — and that wasn't enough to achieve its goal of finishing in the top 12 in the overall medal count. But of course there were still plenty of memorable moments in London. Here's a look at some of the Canadian contingent's highs and lows:

THE CANADIAN PRESS

Photos by The Canadian Press/Getty Images/The Associated Press

The good



Bouncing into history

Rosie MacLennan prevents a shutout in gold medals by winning women's trampoline. The 23-year-old from King City, Ont., will be one to watch in 2016.

2 Paddlers pounce on podium opportunities

The swim and canoe/kayak teams led the way with one silver and two bronze medals each.



3 A bronze never to be belittled

Historic bronze aside, the women's soccer team produced the most memorable performance of the Olympics in defeat when they lost 4-3 in extra time to the heavily favoured U.S. in the semifinal.

The bad

4 Favourites falter on big stage

Current and former world champions Dylan Armstrong (shot put), Mary Spencer (boxing), Tara Whitten and Zach Bell (track cycling) and Catherine Pendrel (mountain bike) did not make the podium in individual events in London.



5 Rules of subtraction

Disqualifications in track-and-field and equestrian did not help Canada's cause. A seldom-used call by the referee for a time-count violation in the women's soccer semifinal ultimately led to the tying goal for the U.S.

6 Stinging near-misses

Canadians finished fourth six times. Canada was on pace for 20 with 10 medals at the halfway mark of the Games. But in a reverse of the last two Summer Games, Canada wasn't as strong in the second half.



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-Bev Howe, Charleswood

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Horoscopes

♈ Aries

March 21 - April 20

Someone you love will be a bit touchy today, and for no apparent reason. The good news is their negative attitude won't last long – in fact, by the time the sun goes down they will be all over you again.

♉ Taurus

April 21 - May 21

For some strange reason you are reluctant to make the kind of decision that usually comes so easily to you. You may not know why you are suddenly so timid but, for the moment, it's the right thing to be.

♊ Gemini

May 22 - June 21

Are you living beyond your means? If so today's lunar eclipse of Venus, planet of value, in the money area of your chart will help you see where you need to make savings. It shouldn't be too traumatic.

♋ Cancer

June 22 - July 23

There are times when your feelings build up to such an extent that you have to let them out, and such a time is now. Whether they come out in a positive or a negative way is though a matter of choice.

♌ Leo

July 24 - Aug. 23

Go easy on yourself today, especially if something does not work out the way you expected. It's not the end of the world – in fact if you analyze what happens you will make success next time more likely.

♍ Virgo

Aug. 24 - Sept. 23

You may be angry that you made a bad decision but you are human like everyone else, so don't be too hard on yourself. Use this setback to motivate yourself to try again. There's always a next time.

♏ Libra

Sept. 24 - Oct. 23

Venus, your ruler, is eclipsed by the moon today, which means you will have to make a conscious effort not to get emotional. Also, don't be judgmental when dealing with people whose way of life you don't approve of.

♏ Scorpio

Oct. 24 - Nov. 22

You will be confronted by some kind of injustice today and you will have to decide whether to get personally involved. Chances are you will. You just can't stand to see unfairness triumph.

♐ Sagittarius

Nov. 23 - Dec. 21

The planets warn that someone, somewhere is trying to deceive you. The fact that this is a person you trust implicitly makes the situation doubly dangerous. Be on your guard.

♑ Capricorn

Dec. 22 - Jan. 20

Where money is concerned there can be no room for sentiment or personal feelings today, because that will put you at a disadvantage. Whatever decisions you make they must be based on logic and common sense only.

♒ Aquarius

Jan. 21 - Feb. 19

Refuse to get upset if things don't go your way. Yes, of course, it's unfair that you are struggling when others have got it easy but these things run in cycles.

♓ Pisces

Feb. 20 - March 20

Don't give ground on an issue that is causing you a lot of grief because there is a principle at stake here. Others do not have the right to demand that you embrace their values. Remind them of that fact — loudly.

SALLY BROMPTON

Crossword: Olio

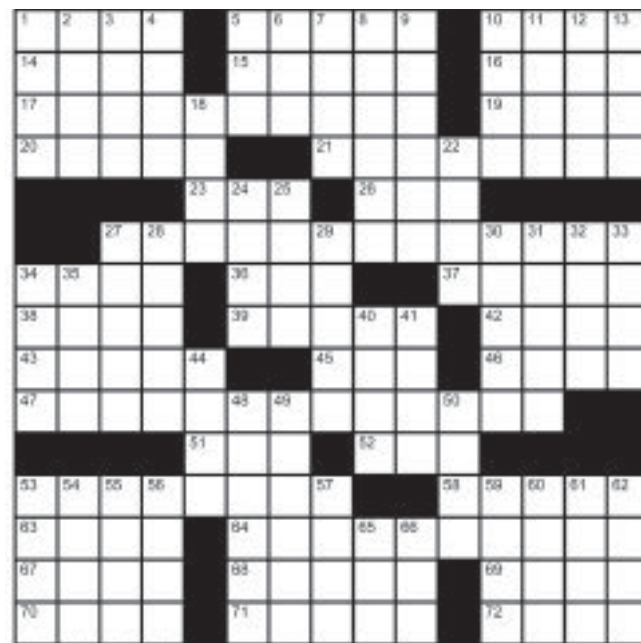
Across

1. Croat neighbor
5. Deep-voiced opera singer
10. Canadian force
14. Industry mogul
15. Emulate 39-Across
16. "The low-priced spread"
17. Montréal-based 2011 Juno Album of the Year winner (2 wds)
19. See 39-Across
20. Actor George who played Mr. Sulu on Star Trek
21. It became a province in 1949, and quit having a separate name in 2001
23. ___-mo: video effect
26. Leading dye brand
27. Montréal-born jazz pianist who wrote "Canadiana Suite" (2 wds)
34. 30-day mo.
36. Many a CEO's deg.
37. Flour might go through it
38. Adjective for babies and puppies
39. With 19-Across, "Catch a Falling Star" singer, 1958
42. Police crisis team acronym
43. Operatic solos
45. Also
46. Slippery fish
47. Montréal-born hockey great Maurice (2 wds)
51. Wide shoe size
52. [Help!]
53. Annual Calgary event
58. Online loan source
63. Opera set on 61-Down

64. Maritime Province (2 wds)
67. Bird food
68. Cuts with scissors, as a coupon
69. Idiot
70. Orson Welles's Citizen ___
71. Bark
72. Olympic fencer's weapon

Down

1. "Shoo!"
2. Poet ___ Pound
3. Adjustable oven feature
4. Scottish hillside
5. Letters used in dating
6. Bark in the comics
7. Make dirty
8. "And what is ___ as a day in June?" (2 wds)
9. 0 or 1 to a programmer (2 wds)
10. Almond ___: toffee candy
11. Blockhead
12. Short note
13. Destitute
18. Computer storage
22. These are found on maps: abbr.
24. Rub one for a genie
25. "Be he alive ___ he dead": "Fe Fi Fo Fum" (2 wds)
27. Eye nerve
28. Chateaubriand
29. ___ Québécois
30. Step part
31. Did needlepoint
32. Racetrack shape
33. Takes home, as salary



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34. Wound result, sometimes
35. 100 cents, overseas
40. Mythical birds
41. National Park just across Alberta-BC border from Banff
44. Barely flow
48. Itsy-bitsy
49. Decorated anew
50. "Be with you in ___!"

- (2 wds)
53. Alta. neighbor
54. "___ Yellow Ribbon Round the Ole Oak Tree" (2 wds)
55. Mideast Gulf
56. Fashioned
59. Be ominous
60. On
61. World's longest river

62. Actress Hudson or Winslet
65. "Killer" PC program
66. Air leak sound

Friday's crossword



What's online

See today's answers at metronews.ca/answers.



Sudoku

How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

Friday's Sudoku

9	7	5	4	2	3	1	6	8
2	6	3	5	8	1	4	7	9
1	8	4	6	9	7	5	2	3
5	2	6	8	7	4	3	9	1
4	1	7	2	3	9	8	5	6
3	9	8	1	5	6	7	4	2
8	3	2	7	6	5	9	1	4
6	5	1	9	4	8	2	3	7
7	4	9	5	1	2	6	8	5

Weather

TODAY

TUESDAY

WEDNESDAY

MAX: 22°
MIN: 10°MAX: 25°
MIN: 13°MAX: 18°
MIN: 4°

JENNA KHAN
WEATHER SPECIALIST

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St. Vital Centre
(204) 989-2940

SI Wireless Communications
1132 Portage Ave.
(204) 231-1600

SI Wireless Communications
661 Corydon Ave.
(204) 231-1650

SI Wireless Communications
Winnipeg Square
(204) 944-8070

Teleco
Kenaston Common
(Kenaston at McGillivray)
(204) 947-9570

Teleco
948 St. James St.
(204) 831-1234

SELKIRK

Nickel Communications
3-344 Main St.
(204) 482-9667

STEINBACH

Nickel Communications
Unit H - 197 Main St.
(204) 326-4988

WINKLER

Nickel Communications
9 - 820 Triple E Blvd.
(204) 325-4121

BRANDON

Teleco
Unit B3 - 1128B 18th St.
(204) 727-0100

NEEPAWA

Neepawa True Value
268 Hamilton St.
(204) 476-2333

STONEWALL

TMC Distribution
325 Main St.
(204) 467-2014

PORTAGE LA PRAIRIE

Reimer Antenna Service
1000 Saskatchewan Ave. W
(204) 857-9001

SWAN RIVER

Sears Swan River
619 Main St.
(204) 734-4541

DAUPHIN

North of 51 Designs &
Computers
12 2nd Ave. NW
(204) 638-7148

THOMPSON

City Centre Mall
(204) 677-3212

THE PAS

Sound Innovations
317 Fischer Ave.
(204) 623-7171

FLIN FLON

Sears Flin Flon
35 Main St.
(204) 687-7581



WINNIPEG

Kildonan Place
(204) 667-8248

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Shopping Centre
(204) 339-8895

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